



Dominican International School

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RELIGIOUS STUDIES DEPARTMENT COURSE SYLLABUS

PERSONALITY AND SOCIAL DEVELOPMENT 8 (PSD)

GRADE LEVEL: 8

SCHOOL YEAR: 2024-2025

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COURSE DESCRIPTION:

In this Personality Social Development course, the students will be able to know themselves better. Middle school is a time where students face different challenges. Adolescence period is typically a time of great stress and strain on the body, mind and emotions. This class aims to help students to cope with emotional challenges and help them to feel equipped to take care of their emotional needs.

Emotional well-being can be defined as “one’s ability to relate to other people, feel comfortable with self, cope with disappointments and stress, solve problems, celebrate successes and make decisions” (Page and Page, 1992). Emotional well-being is built upon the foundation of a positive and healthy self-esteem. This can be achieved when a child gets to know himself more, appreciates his good qualities and is aware of his strengths and weaknesses.

This course starts with a basic introduction of personality. It then goes on to look at theories of personality development. They will learn about their own personality and how they can use that information to make changes and career choices. They will learn all these and also learn how to put all the information together to use it for their personal or career advantage.

In this course, students can literally stop wondering about why they or someone they know behave a particular way. By the time they complete this course they will know how someone's personality develops and how that information can be useful.

This course is especially helpful for those who are striving to learn more about who they are, which direction their life should take, and to learn more about others around them.

COURSE OBJECTIVES AND CONTENTS: (SWBAT) Students will be able to:

- Identify emotions and work with emotions
- Use skills and techniques to better communicate
- Use skills and techniques to self-regulate
- Work in groups and collaborate

DOMINICAN PILLARS AND CORE VALUES

- Study.....Truth
- Prayer.....Joy
- Community.....Justice
- Service/Preaching.....Compassion

School wide Learning Outcomes (SLO's): D'TORCH: Dominicans are Truthful, Organized, Reflective, Courageous, and Helpful.

Truthful:

- *are guided by the Gospel and universal values;*
- *center their lives on God's teachings;*
- *show respect to all.*

Organized:

- *set goals and pursue them to fruition;*
- *maintain a balance between a healthy body, mind and spirit;*
- *engage responsibly with the world, through a variety of resources.*

Reflective:

- *contemplate their strengths and weaknesses;*
- *aim to respond, rather than to react;*
- *determine patterns, make connections, and think critically.*

Courageous:

- *are open and responsive to new and diverse perspectives;*
- *are willing to take risks and graciously accept results;*
- *communicate effectively.*

Helpful:

- *evaluate all decisions in light of the common good.*
- *are compassionate and caring;*
- *respect and care for the environment.*

GRADING SYSTEM:

Part 1: Academic (90 %)

Section A: Homework, Seatwork, Projects.....30%

NOTE: Attendance will be included in the grading system.

Section B: Quizzes.....30%

Section C. Major Quarterly Exam.....30%

Part 2: Deportment/Behavior (10 %)

- Truthful.....19 points
- Organized.....19 points
- Reflective.....19 points
- Courageous.....19 points
- Helpful.....19 points
- TOTAL.....95 points**

Note: The highest possible grade students can get every quarter in Deportment is 95 points in conformity with the current grading system. **Students are guided how to do deportment self-evaluation truthfully and reflectively.**

PRIMARY TEXTBOOKS AND OTHER RESOURCES

- Second Step – Student Success Through Prevention: STEPPING IN. Committee for Children Organization, Copyright 2008.

ADDITIONAL INFORMATION:

- The Google Classroom code will be given to all students to access all the Religious Studies' learning guide and tasks.
- There will be NO Homework to be given during the weekend except during major exams or quizzes. It is to give students a chance to spend quality time with their family.
- The Project D (Detention) significantly affects the Deportment Grade of students.

ON ACADEMIC DISHONESTY:

Academic Dishonesty means employing a method or technique or engaging in conduct in an academic endeavor that contravenes the standards of ethical integrity expected at DIS. Academic dishonesty includes but is not limited to, the following:

- Purposely incorporating the ideas, words of sentences, paragraphs, or parts thereof without appropriate acknowledgment and representing the product as one's own work;

- Representing another's intellectual work such as photographs, paintings, drawings, sculpture, or research or the like as one's own, including failure to attribute content to an AI.
- Employing a tutor, making use of Artificial Intelligence without acknowledgement, getting a parent to write a paper or do an assignment, paying for an essay to be written by someone else and presented as the student's own work.
- Committing any act that a reasonable person would conclude, when informed of the evidence, to be a dishonest means of obtaining or attempting to obtain credit for academic work.

Any act of academic dishonesty will result in an automatic zero on the entire assignment and deduction from the Department.

First QUARTER – TENTATIVE COURSE CONTENT

Week / Date	Topic /Learning Tasks/ Assessments
<p style="text-align: center;">Week 1 Aug 12 to 16</p> <p><i>10 - First Day / Orientation Day</i> <i>14-St. Maximilian Mary Kolbe, priest and martyr</i> <i>15-The Assumption of the Blessed Virgin Mary</i></p> <p>Assigned Prayer Leaders: STUCO, DYM, and House Captains</p>	<p style="text-align: center;"><i>Welcome back to school, Dominicans!</i></p> <p>Class Orientation for 1st Quarter PSD</p> <ul style="list-style-type: none"> • 1 .Class Rules • 2.Attendance and Tardiness • 3.Journal Notebook • 4.Disciplinary Actions • 5.Grading System • 6.Filling out of Guidance Form • Introduction to PSD
<p style="text-align: center;">Week 2 Aug 19 to 23</p> <p><i>17-Saint Hyacinth of Poland</i> <i>18- Blessed Mannes</i> <i>21- St. Pius X, Pope</i> <i>22-The Queenship of the Blessed Virgin Mary</i> <i>23- Saint Rose of Lima</i> <i>24- St. Bartholomew, apostle</i></p> <p>Assigned Prayer Leaders: STUCO</p>	<ul style="list-style-type: none"> • Empathy and communication: Working in groups
<p style="text-align: center;">Week 3 Aug 26 to 30</p>	<ul style="list-style-type: none"> • Empathy and communication: Leaders and allies

<p>27- <i>St. Monica</i> 28- <i>St. Augustine</i></p> <p>Assigned Prayer Leaders: <i>DYM</i></p>	
<p>Week 4 Sept 2 to 6 <i>03-St. Gregory the Great, Pope and Doctor</i></p> <p>Assigned Prayer Leaders: <i>House Captains</i></p>	<ul style="list-style-type: none"> • Empathy and communication: Handling and grievance
<p>Week 5 Sept 9 to 13 <i>05-Anniversary of deceased Dominican friends and benefactors</i> <i>11- St. Ambrose, Edward Barlow</i></p> <p>Assigned Prayer Leaders: <i>RS 12</i></p>	<ul style="list-style-type: none"> • Empathy and communication: Negotiating and compromising
<p>Week 6 Sep 16 to 20 <i>14-The Exaltation of the Holy Cross</i> <i>15-Our Lady of Sorrows</i></p> <p>Assigned Prayer Leaders: <i>RS 12</i></p>	<p>No class</p>
<p>Week 7 Sep 23^{to} 27 <i>18- Saint Juan Macias</i> <i>21- St. Matthew, apostle and evangelist</i> <i>28-Saint Dominic Ibanez, Friar and Priest,</i> <i>Saint James Kyushei Tomonaga, Friar and Priest,</i> <i>Saint Lawrence Ruiz, Layman And Companions, Members of the Dominican Family, Martyrs of Nagasaki, Japan</i> <i>29-Sts. Michael, Gabriel, and Raphael, archangels</i></p>	<ul style="list-style-type: none"> • Bullying prevention: Bullying in friendships

Assigned Prayer Leaders: <i>RS 11</i>	
<p>Week 8 Sep 30 to October 4</p> <p><i>30-St. Jerome, priest and doctor</i></p> <p>Assigned Prayer Leaders: <i>RS 11</i></p>	<ul style="list-style-type: none"> • Bullying prevention: Labels, stereotypes, and prejudice
<p>Week 9 Oct 7 to 12</p> <p>5-6 First Quarter Exam</p> <p><i>04-Our Holy Father Francis of Assisi</i> <i>05-Blessed Raymond of Capua</i> <i>06-Blessed Bartolo Longo</i> <i>07-Our Lady of the Rosary</i> <i>09-Saint Luis Bertran</i></p> <p>Assigned Prayer Leaders: <i>RS 10</i></p>	<ul style="list-style-type: none"> • Review and reflection • PSD project

Second QUARTER – TENTATIVE COURSE CONTENT

Week / Date	Topic /Learning Tasks/ Assessments
<p>Week 1 (10) Oct 14 to 18</p> <p><i>12-Our Lady of Pillar</i> <i>13-St. Theophilus</i> <i>15-St. Teresa of Jesus, virgin and doctor</i></p> <p>Assigned Prayer Leaders: <i>RS 10</i></p>	<ul style="list-style-type: none"> • Bullying prevention: Bullying in dating relationships
<p>Week 2 (11) Oct 21 to 25</p> <p><i>22-Anniversary of the Dedication of the Church</i> <i>22-St. John Paul II, Pope</i></p> <p>Assigned Prayer Leaders: <i>RS 10</i></p>	<ul style="list-style-type: none"> • Emotion management: De-escalating a tense situation

<p style="text-align: center;">Week 3 (12) Oct 28 to Nov 1</p> <p><i>28- Sts. Simon and Jude, apostles</i> <i>01- Solemnity of All Saints</i> <i>02-The Commemoration of All the Faithful Departed (All Soul's Day)</i> <i>03-Saint Martin de Porres</i></p> <p>Assigned Prayer Leaders: RS 9</p>	<ul style="list-style-type: none"> ● Emotion management: Coping with stress
<p style="text-align: center;">Week 4 (13) Nov 4 to 8</p> <p><i>06-Blessed Bonaventura Gracia Paredes, Friar, Priest and Master of the Order</i> <i>Blessed Josefina Sauleda Paulis, Virgin and Nun</i> <i>Blessed Ramona Fossas Roman, Virgin and Sister</i> <i>Blessed Antero Mateo, Married Man and Lay Dominican</i> <i>And Companions, Members of the Dominican Family martyrs of the Spanish Persecutions of the XX Century</i> <i>07- All Saints of the Order of Preachers</i></p> <p>Assigned Prayer Leaders: RS 9</p>	<ul style="list-style-type: none"> ● Emotional management: Coping with stress (activity)
<p style="text-align: center;">Week 5 (14) Nov 11 to 15</p> <p><i>9- The Dedication of the Lateran Basilica</i> <i>10-St. Leo the Great, pope and doctor</i> <i>11- St. Martin of Tours, Bishop</i> <i>13- St. Frances Xavier Cabrini</i> <i>15- Saint Albert the Great</i> <i>16-St. Margaret of Scotland, queen</i> <i>St. Gertrude, virgin</i> <i>17-St. Elizabeth of Hungary, Religious</i></p>	<ul style="list-style-type: none"> ● Goal setting: Making your plan

<p>Assigned Prayer Leaders: RS 8</p>	
<p>Week 6 (15) Nov 18 to 22</p> <p><i>18- Dedication of the Basilicas of Sts. Peter and Paul, apostles</i> <i>21- Solemnity of Our Lord Jesus Christ, King of the Universe</i></p> <p>Assigned Prayer Leaders: RS 8</p>	<ul style="list-style-type: none"> • Goal setting: Evaluating your plan
<p>Week 7 (16) Nov 25 to 29</p> <p><i>25-Saint Ignatius Delgado, Friar and Bishop</i> <i>Saint Vincent Liem De La Paz, Friar and Priest</i> <i>Saint Dominic Pham Trong An Kham, Lay Dominican And Companions</i> <i>Martyrs of Vietnam</i> <i>30-St. Andrew, apostle</i></p> <p>Assigned Prayer Leaders: RS 7</p>	<ul style="list-style-type: none"> • Substance abuse prevention: identifying future goals
<p>Week 8 (17) Dec 2 to 6</p> <p><i>03-St. Francis Xavier</i></p> <p>Assigned Prayer Leaders: RS 7</p>	<ul style="list-style-type: none"> • Substance abuse prevention: Keeping your commitment
<p>Week 9 (18) Dec 09 to 13</p> <p><i>07- St. Ambrose, bishop and doctor</i></p> <p>Assigned Prayer Leaders: RS 6</p>	<ul style="list-style-type: none"> • PSD class project

“Spes Non Confundit”
“Hope Does Not Disappoint.”

